

Control of food supplements in Sweden

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The organisation of the control of food supplements in Sweden

- **The Swedish Food Agency:** the national competent authority, it gives guidance and support to authorities and food business operators on food supplements, it works with food supplements regulations in Brussels on Swedens behalf, it also evaluates risks concerning food supplements as well as it performs some laboratory analyses on food supplements
- **The municipalities:** perform the official controls on food supplements.

Coordination and cooperation

- National group with food inspectors, coordinated by the Swedish Food Agency.
- Heads of Food Safety Agencies (HoA)
- Nordic food supplements and borderline group
- Recurring meetings with Swedish authorities and stakeholders

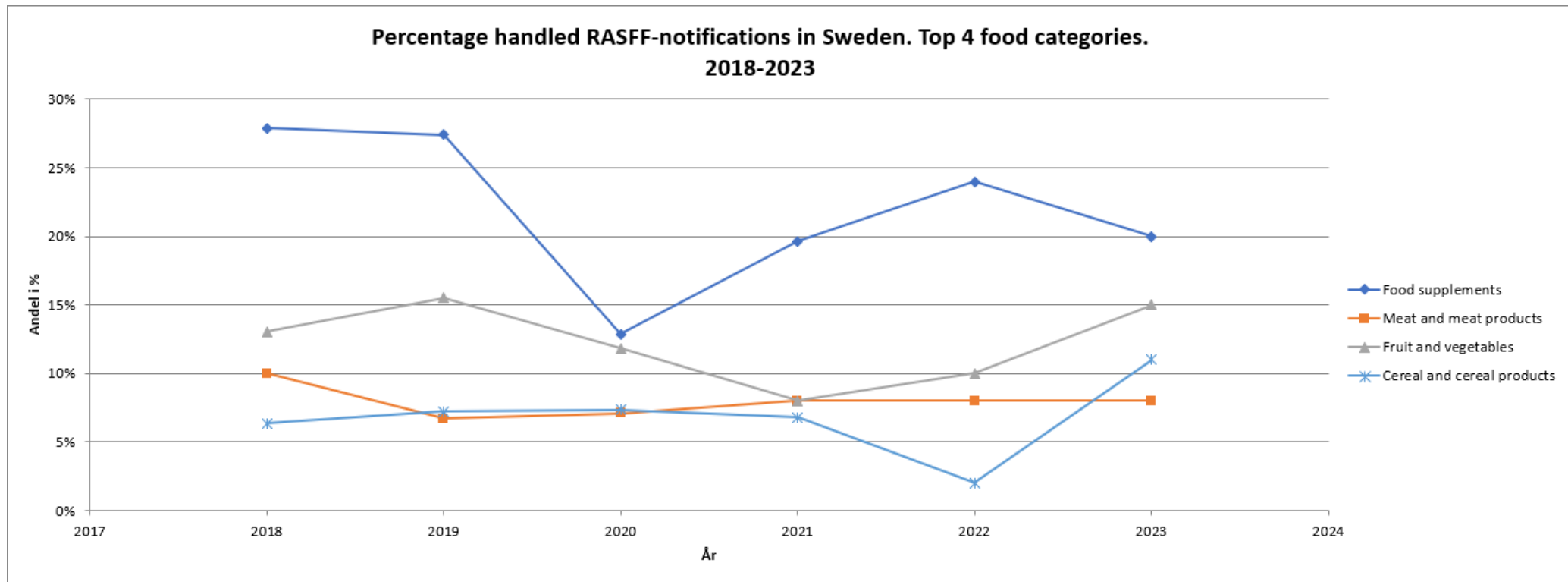


RASFF

- Rapid Alert System for Food and Feed
- Created in 1979 in response to an incident concerning oranges
- 4 700 notifications in 2023 and approx. 20 000 follow up notifications (on EU-level)
- Withdraw or recall products



RASFF on a national level



EU coordinated projects (examples)

EU-projects

- Novel food (Epimedium grandiflorum, Acacia rigidula, Agmatine (4-aminobutyl) guanidine sulfate and Hoodia Gordonii)
- Medical claims relating to bone and joint diseases
- Medical claims on food products during the pandemic



Online searches by the Swedish Food Agency

- Targeted searches (for example CBD and Monakolin K)
- Searches online after received complaints
- Searches online after unsafe products notified in RASFF by other EU-countries



Focus 2023–2025

We have national goals for the food control control

Goal 6

Mandatory information when food supplements are sold on the internet.

Goal 13

Contaminants and forbidden plants/substances in food supplements.



Governmental assignment

The government has given the Swedish Food Agency an assignment to:

- Take steps to develop the **coordination, guidance** and **support** regarding the official control of food supplements
- The assignment ends in June 2025.



Activities in the assignment

- Assessment on benefits and consequences of a notification procedure for food supplements
- Webscraper/AI-tool
- System for adverse reactions
- Guidance to control authorities and food business operators



Contact us if you have questions or information

Report suspected adverse reactions to food supplements:

<https://www.livsmedelsverket.se/livsmedel-och-innehall/kosttillskott/rapportering-av-biverkningar-av-kosttillskott>

Report suspicion of fraud:

<https://www.livsmedelsverket.se/om-oss/kontakt/tipsa-oss-om-livsmedelsfusik>

Ask a question: <https://kundo.app/org/livsmedelsverket/>

Or send us an e-mail: livsmedelsverket@slv.se



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