

Dopinglinkki - Anonymous health counselling for doping users, their relatives, and multidisciplinary professionals

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Background

A-Clinic Foundation 1955→



Dopinglinkki 2010→



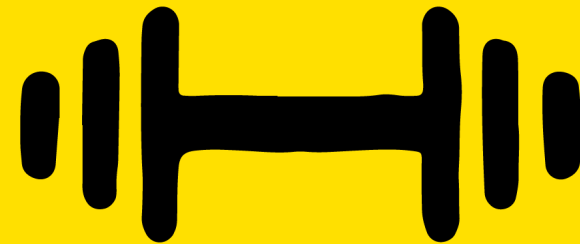
Joni Askola



Petri Koskela



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Anonymous health counselling

History – how everything started 2010

Current situation

**Nearly 1 000 questions
Website
Signal 4/2024**



Statistics 2010-2023

Own situation **66%**

Relatives/friends **16%**

General question **12%**

Question related to work **4%**

Question related to studies **2%**



Background information 2010-2023

GENDER	Male	96%
	Female	3%
	Other	<1%

EDUCATION

Vocational school 50 %

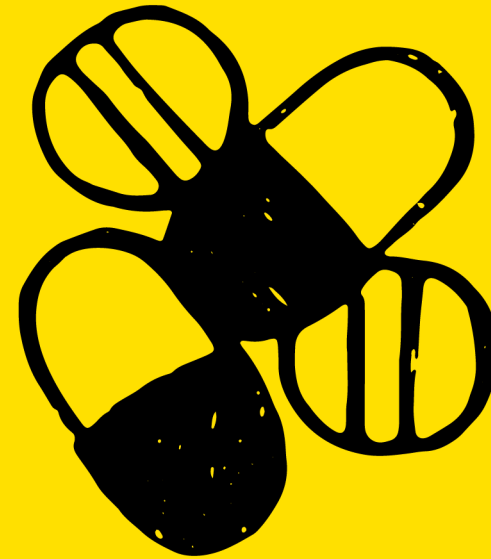
Employed 50%

AGE	<18	4%
	18-24	28%
	25-34	36%
	35-44	22%
	>44	10%

Note: 2023 58% of people who asked questions were under the age of 18-24

The most asked substances

Testosterone	67%
AAS	40%
SARMs	5%
SERMs	4%
Aromatase inhibitors	3%
Placental hormones	3%
Growth hormone	3%
Clenbuterol	1%
Nutritional supplements	3%
Others	17%



Case 1

”Can hormones be used safely, e.g. in small amounts and by buying anti-estrogens?”

I’m going to use steroids, but I will monitor my health.

Than you if you answer honestly without intimidation, cause I know the dangers of doping substances.”

Questions

Adverse effects	52%
Dose advice	28%
Substance properties	25%
Worry about own/family member's use	14%
Treatment facilities	6%
Legislation, ordering substances	9%
Competitive sports and doping tests	7%



Case 2

”Is there a safe way to use doping substances in small doses under the guidance of a medical doctor?”

I don't mean huge doses, but more for faster recovery.”

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BUY NOW BUY NOW BUY NOW

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The advertisement features a grid of six steroid product bags, each with a 'BUY NOW' button. Below the grid is a smiling male doctor in a white coat and stethoscope, holding a clipboard. To the right of the doctor, there is text about shipping without a prescription, a '100% Proven Results' claim, and logos for Visa, MasterCard, American Express, and Discover. At the bottom right, it says 'WORLDWIDE SHIPPING'.

Typical questions 1/2

Adverse effects:

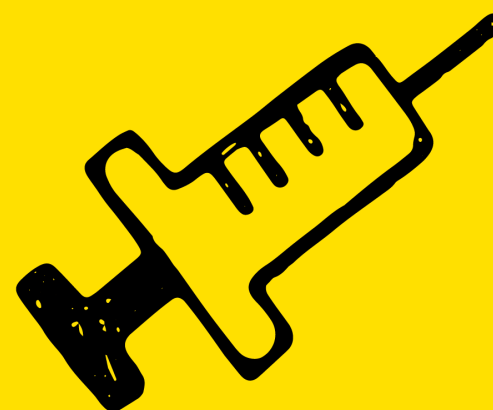
Can I get heart symptoms?

Dose advice:

The safest or best dose

Injection:

How do I inject?



Typical questions 2/2

Replacement therapy:

Why don't I get replacement therapy?

Reproductive health:

Can I have children?

Mixed use:

I use opioids and testosterone

Thank you!



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